SOAP Bible Study Method

1.) **S-Scripture** (write down the verse that spoke to you most in the passage you read)

2.) **O-Observation** (write down what you observed from that verse)
   - Keep observations simple and clear, even obvious

3.) **A-Application** (write whatever you feel God is telling you through the verse. This is kind of like God saying to you, “Here is what I want you to apply to your life”)

4.) **P-Prayer** (spend time talking with God as you would a friend over the phone or over coffee)
   - Write your prayers out (gives you a running record of when & how God answers them)

Begin by gathering the following tools to help you experience satisfaction in reading, studying, and applying insights from God's Word

1.) Need a good, easy to read translation of Bible (NIV, NLT, ESV)
2.) Find a Bible reading plan that motivates you or use a ONE YEAR BIBLE
3.) A journal or blank notebook to record your insights
   - Gives you the ability to track your growth
   - Calls you to remember and appreciate God's on-going work in your life
     - Phil. 1:6, “He who began a good work in you is faithful to complete it”
4.) Your calendar or a scribble pad
   - Gives you a place to record pesky, intrusive concerns about things you need to do and allows you to stay in the moment and come back to those items later
5.) Time
   - Carve out regular daily time for study and reflection
   - Refuse to compromise or negotiate the time away
   - Give yourself grace when you miss, but stay committed
   - Ask some Christian friends to check in on your process and hold you accountable

Tips for Study and Journaling

1.) Pay careful attention to the quiet voice of the Holy Spirit
2.) Underline verses that jump out at you
3.) Look for words and phrases that call for further reflection and thought
4.) Give that day's study a title based on what God has taught you
5.) Record the title & page # at the beginning of your journal (creating a table of contents to give you a running index of what God is teaching you & enables you to revisit these insights for further reflection)
SOAP Bible Study & Reflection Journal

Title: ___________________________________________________
Date: ___________________________________________________
Passage: _______________________________________________

1.) **S-Scripture** (write down the verse that spoke to you most in the passage you read)
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___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________
___________________________________________________________________________________

2.) **O-Observation** (write down what you observed from that verse)
- Keep observations simple and clear, even obvious
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3.) **A-Application** (write whatever you feel God is telling you through the verse. This is kind of like God saying to you, “Here is what I want you to apply to your life”)
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4.) **P-Prayer** (spend time talking with God as you would a friend: over the phone or over coffee)
- write your prayers out (gives you a running record of when & how God answers them)
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Other notes/insights/reminders:
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