



Church of the Resurrection Spiritual Journey Assessment Tool

Knowing, Loving and Serving God

Are you ready for the greatest journey of all? There is nothing in all the world that will bring you greater joy, greater challenge and greater meaning than the journey into life as God intended us to live it.







Kn	nowing God (Theologically Informed)	0-Not Yet		2-Somewhat		erately
			4– Signific	antly 5-Defin	itely	
Ι.	I understand the essential beliefs of the Christian faith and can explain them to a non-religious friend.	0 I	2	3	4	5
2.	I have a growing knowledge of the Bible, including its major events and themes, and I know how to read it for understanding and application.	0 1	2	3	4	5
3.	I strive to have a life-transforming relationship with Jesus Christ, and to live my faith in public so as to shape a world that looks more like the Kingdom of God.	0 1	2	3	4	5
4.	l can draw upon my faith to reach conclusions about important moral and ethical issues, making choices that reflect basic Christian ethics.	0 1	2	3	4	5
5.	I understand God's will for human beings, and I know how to discern God's will for my life in particular.	0 1	2	3	4	5
	I accept the Apostle's Creed as a foundational statement of what I believe and can relate this ancient statement to life today. I believe that God inspired the writers of the Bible, and I read the Bi-	0 1	2	3	4	5
	ble to hear God speaking to me.	0 I	2	3	4	5
8.	As a member of this United Methodist church, I value both a faith that engages my emotions and one that challenges and stretches my mind.					
9.	I believe all human beings are of equal value to God, regardless of race, gender, religion, culture or other human divisions, and treat others accordingly.	0 1	2	3	4	5
		0 I	2	3	4	5
10	. When facing a tough decision, I submissively seek God's will through the Bible, prayer, and the wisdom of other Christians I trust.					
		0 I	2	3	4	5



Knowing God (Theologically Informed)			t	I-Slightly 2-Se				erately
11.	I believe salvation is graciously offered as a gift through Jesus' death and resurrection, not something I earn by anything I do, and have accepted Christ as my personal Savior and Lord.	0	I	4– Signific 2	antly	5-Defini 3	tely 4	5
12.	I study the Bible and am committed to an ever-increasing understanding of its message and principles.	0	I	2		3	4	5
13.	I appreciate and support the fact that United Methodists are not afraid to ask difficult questions, to take on tough subjects, and to admit that we do not always understand the answers.	0	I	2		3	4	5
14.	Knowing integrity, peace, responsibility for others, wise stewardship of our planet, justice and freedom matter to God, I make choices according to these values.	0	I	2		3	4	5
15.	Because Scripture reveals a loving God who desires good for all, I actively resist calling acts of violence and tragedies "God's will."	0	I	2		3	4	5
16.	5. I believe the Holy Spirit works in and through my life and the lives of oth- ers calling and guiding us to do God's work in the world.			2		3	4	5
17.	The Bible is the foundation for my personal faith and practice.	0	I	2		3	4	5
19.	I am thankful that United Methodists value the full participation of women and men, people of all races, classes and backgrounds in all facets of fel- lowship and leadership within the church and society.	0	I	2		3	4	5
19.	I apply Christian ethics in all decisions in my life, small or big.	0	I	2		3	4	5
20.	I know that God loves me and has a specific place for me to serve in God's kingdom on earth and in heaven.	0	I	2		3	4	5



Loving God (Spiritually Transformed)			I-Slightly	2-Somewhat	3-Moder	ately
			4– Signific	antly 5-Defin	itely	
١.	I pray every day for the Holy Spirit to guide and direct me.	0 I	2	3	4	5
2.	I know God has the power to transform my life and I'm open to wherever that may lead me.	0 1	2	3	4	5
3.	As a means of growing in Christ, I prayerfully practice various spiritual disciplines. (<i>link to Spiritual disciplines</i>)	0 1	2	3	4	5
4.	I am experiencing "the fruit of the Spirit" (Galatians 5:22): love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self- control.	0 1	2	3	4	5
5.	I belong to a group who grow in faith together and challenge each other to grow deeper in Christ.	0 1	2	3	4	5
6.	I lay aside my own desires and sense of importance and submit to God's will for my life.	0 1	2	3	4	5
7.	I sense God's transforming grace in my life, reflected in my changing values, priorities, relationships, feelings, behaviors, and reactions.	0 1	2	3	4	5
8.	I have made weekly public worship a holy habit, and I offer every day to God in a spirit of worship and praise.	0 I	2	3	4	5
9.	Things out of my control do not cause me to lose patience or self- control.	0 1	2	3	4	5
10.	I am open, honest and vulnerable with the members of my small group, and encourage them to be open, honest and vulnerable in re- turn.	0 1	2	3	4	5



Lov	ving God (Spiritually Transformed)	0-Not Yet		2-Somewhat		erately
11.	Because I have surrendered my life to God, I avoid addictive behaviors		-	antly 5-Defin	itely	
	(for example: food, television, busyness, as well as drugs, alcohol, etc.) and I refuse to make moral compromises in areas such sexual miscon- duct, greed or dishonesty.	0 1	2	3	4	5
12.	l am growing in respect and compassion for others and concern for things God cares about.	0 I	2	3	4	5
13.	I read and study the Scriptures asking God, "What is here for me to obey?"	0 I	2	3	4	5
14.	People would say I'm kind and gentle.	0 I	2	3	4	5
15.	One way I am choosing life-long spiritual growth is by being in a small group that creates a climate of mutual support and accountability.	0 I	2	3	4	5
16.	I regularly confess my sins, repent of wrong thoughts, words, and deeds, and offer my life to God for obedient service.	0 I	2	3	4	5
17.	Jesus is first in my life.	0 I	2	3	4	5
	I take time each day to offer myself to God in prayer and to pray for others.	0 I	2	3	4	5
	I experience God's joy and peace in all circumstances, even in times of uncertainty or loss.	0 I	2	3	4	5
20.	I know there are people who can rely on me as well as I rely on them in times of crisis or celebration.	0 I	2	3	4	5



Se	rving God (Living Faith Daily in the World)	0-Not Yet	I-Slightly	2-Somewhat	3-Mode	rately
			4– Signific	antly 5-Defin	itely	
Ι.	Time is valuable, therefore I find ways to make myself more available to God.	0 1	2	3	4	5
2.	I know I have natural talents, and I serve God using these abilities or skills.	0 1	2	3	4	5
3.	I can show you evidence in my checkbook that I act on God's concern for justice and for serving the poor.	0 1	2	3	4	5
4.	I connect with and serve those in need outside my local community.	0 1	2	3	4	5
5.	I share my faith with others through my words and actions.	0 I	2	3	4	5
6.	I manage my time in such a way that I am seldom "too busy" to serve someone else's needs, or to serve the church.	0 1	2	3	4	5
7.	I thank God for the spiritual gifts and talents of others, and encourage and support them in using these God-given tools for ministry.	0 1	2	3	4	5
8.	Because everything ultimately belongs to God, I am generous with all the resources I have.	0 1	2	3	4	5
9.	I am willing to serve in ways that are outside of my comfort zone.	0 I	2	3	4	5
10.	I relate to others in ways that offer hope.	0 I	2	3	4	5



Serving God (Living My Faith Daily in the World)	0-Not Yet		2-Somewhat antly 5-Defin		rately
II. My commitment to serve God and others is life-long; I will never "retire" from it.					_
12. I know my God-given spiritual gifts, and am actively serving Christ by	0 1	2	3	4	5
using those gifts.	0 1	2	3	4	5
13. I budget faithfully so that I can better honor God and help others in need.	0 1	2	3	4	5
 I serve in God's world by helping meet critical needs and pursuing jus- tice. 					
15. I minister to others by sharing my faith story, and encouraging them	0 1	2	3	4	5
spiritually.	0 1	2	3	4	5
16. I can show you evidence on my calendar that I act on God's concern for justice and for serving the poor.	0 1	2	3	4	5
17. I understand the value of my role in the Body of Christ, neither over- estimating nor underestimating my part.	0 1	2	3	4	5
18. I give back to Christ and the church in proportion to my income, with	0	Z	3	4	5
at least 10% as my goal.	0 1	2	3	4	5
19. I am doing justice, and serving in my community.	0	2	3	4	5
20. I am intentionally building relationships with non and nominally reli- gious people, and with God's help encouraging them to seek a rela-	0	μ <u>τ</u>	5	1	J
tionship with Christ and connect to a local church.	0	2	3	4	5

Assessment Table

Knowing God (Theologically Informed)							
I	6	11	16	Christian Essentials			
2	7	12	17	Bible Understanding			
3	8	13	18	United Methodism			
4	9	14	19	Basic Christian ethics			
5	10	15	20	Knowing God's will			
				KNOWING TOTAL			
Loving God	(Spiritually Tr	ansformed)					
I	6	11	16	Surrender			
2	7	12	17	Transformation			
3	8	13	18	Spiritual Disciplines			
4	9	14	19	Fruit of the Spirit			
5	10	15	20	Small Groups			
				LOVING TOTAL			
Serving Go	d (Living My Fa	ith Daily in the '	World)				
I	6	II	16	Time			
2	7	12	17	Spiritual Gifts/Talents			
3	8	13	18	Financial Gifts			
4	9	14	19	Service			
5	10	15	20	Sharing			
				SERVING TOTAL			

No one can concentrate on too many areas at once, so consider all three areas of spiritual growth before you decide on your next steps. As a guide for interpreting your total for each area of growth, and choosing your next steps, we suggest:

- **80-100 Level 3:** Find ways to invest in a deeper, committed way. Use your gifts, knowledge, and skills to bless others. Further growth is life-long process.
- **55-79** Level 2: You are ready to take the next steps to increase your understanding, knowledge and experience in this area.
- 0-54 Level I: You are on the journey to make your life more significant and rewarding as you take first steps